



muse

Lunch Menu

To Start

Caribbean Conch Fritters: Tropical Fruit Marmalade & Mildly Spiced Tartar	\$13
Lemon Pepper Calamari: Spiced Tomato Sauce, Pineapple & Melon Jam	\$13
Bermuda Codfish Cake: Avocado, Banana, on Raisin Toast with Tartar Sauce	\$12
Sosi's Ethiopian Bowls: a sampler of spiced lentils and tomato salad with Injera bread	\$12
Terica's tomato or mushroom bruschetta: traditional bruschetta packed with flavor	\$12

Soups to Savor

Efit Soup: Fresh Vegetable Soup for the Carbohydrate Conscious	\$10
Soup of the day: ask your server for today's big bowl creation	\$10

Sensational Salads

Garden Salad: Cucumber, Avocado, Tomato, Almonds & Cranberries	S:\$6 L:\$10
Caesar Salad: Crisp Romaine Tossed with Dressing, Parmesan & Garlic Croutons	S: \$6 L:\$10
Spinach Salad: Avocado, Almonds, Cranberries, Bacon, Egg, Mushroom	S: \$6 L:\$10
Add to any Salad: Grilled Chicken: \$8 or Garlic Sautéed Shrimp: \$12	

Savory Sandwiches, Warm Wraps & Crisp Pizza

Chef G's Chicken Tikka Wrap: Aromatic chicken sizzling with spices in a warm wrap	\$19
Kyle's Cajun Fried Fish Wrap: Perfectly seasoned fish in a hearty filled wrap	\$17
Jerked Chicken Panini with Melted Cheese: comfort food to soothe the soul	\$17
Rahul's Garlic & Basil Roasted Vegetable Wrap : a melody of herbs and vegetables	\$17
Muse Beef Burger or Turkey Burger: Havarti Cheese, Onions, Mushrooms	\$17
Flatbread Pizza: Crispy thin crust with a punch of classic tomato sauce and cheese	S: \$12 L: \$16
Toppings: Onion, Mushroom, Tomato, Spinach, Chicken, Bacon, Ham, Egg, Pepperoni	\$1 each

The Main Meal

Catch of the Day: Served with Rice Pilaf or Potato & locally sourced Vegetables	\$29
Perfectly Seared Rockfish: Lemon & White Wine Sauce with Pilaf or Potato & herbed Vegetables	\$29
Blackened Salmon: Delicate moist salmon enhanced with a Sancerre White Wine Sauce	\$29
Fresh Mussels: Simmered with Wine, Herb, Garlic & Cream, Served with Grilled Baguette	\$22
10 oz. Charbroiled Angus Steak Frites: with Mushroom Sauce, Fries & House Salad	\$32
Chef G Pasta: Penne or Fettuccini complemented with your protein choice in a delicate sauce	\$22

“all you need is love, but a little chocolate now and then doesn't hurt”...ask about our decadent desserts!